HOMICIDE SUPPORT NETWORK

Sacramento County District Attorney's Office

Sept/Oct 2021 <u>http://www.sacda.org/helpingvictims/victim-witness/</u>

Issue 6

GROUP PURPOSE

Why are we here:

To support persons who survive the violent death of someone close as they seek to recover;

To provide contact with similarly bereaved persons and establish self-help groups that meet regularly;

To provide information about the grieving process and the criminal justice system as they pertain to survivors of a homicide;

To communicate with professionals in the helping fields, about the problems faced by those surviving a homicide and to increase society's awareness of these issues.



Facilitating Victim Advocates

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UPCOMING MEETINGS

Zoom Group Meetings until further notice

Wednesday Oct 6th, 2021 @ 6:30 pm Wednesday Nov 3rd, 2021@ 6:30 pm Wednesday Dec 1st, 2021 @ 6:30 pm

In Loving Memory

September Dates of Birth

September Dates of Loss

Vincent Estrada	09/17/1978	Denise Hooper	09/15/1989
Stephane Murphy	09/01/1961	Alvin Stone	09/13/2002
Christopher A. Navarro	09/29/1971	Ian Duarte	09/18/2002
James Eugene McMillen	09/22/1978	Andrey Tsurkanu	09/02/2003
Hector Rosales, Jr.	09/08/1979	Pavel Voskoboinik	09/27/2003
Howard Curtis Morris, Jr.	09/07/1981	Harnes	09/03/2003
Mario Vidal	09/16/1988	Jeff Holly	09/02/1995
Cheryl Brinkley	09/14/1981	Tomek Ordon	09/16/1994
Timothy Tallman	09/02/1974	Lindsay Sullivan	09/25/1995
Devin McWilliams	09/09/1976	Howard Curtis Morris, Jr.	09/22/1999
Jerry Sarnowski	09/22/1972	Tonya Belton	09/26/1993
Brandon Loomer	09/01/1981	Ruben Esquivel	09/21/1995
Ng Heim Thai	09/01/1953	Antonio Indio Del Sol Garcia	09/17/1994
Tyesha Gallien	09/03/1986	Yvonne Bean-Tate	09/27/1993
Kaysha Janae Shafer	09/06/2003	Thaddeus Czuprynski	09/23/1999
Lee Michael Candelaria	09/03/1981	Marsha Runyon	09/23/1999
Kelly Ann Johnson	09/22/1987	Mathew Erwin	09/12/1997
Gregory Cabrera	09/02/1972	Keyonta Deon Thornton	09/07/2000
Devin Marsean Crowder	09/28/1975	Tommy Xiong	09/11/2002
Dominique Dupree Hickman	09/13/1989	Howard Turley	09/16/2005
Carlos Hermaine Bryant	09/25/1972	Princella Walker	09/24/2005
Noah Seamster	09/26/1988	Homero Estrada Perez	09/17/2005
Gustavo Lopez	09/08/1990	Margarita Cortez	09/17/2004
Katricia Banks	09/17/1983	Donte L. Walton	09/23/2006
Michael Branner Jr.	09-16-1978	John Paul Martin	09/21/2006
Salvador Heredia-Arriago	09/01/1983	Antonio Garnica	09/28/2001
Robert Corpos	09/05/1990	Jose Segura	09/08/2007
Francisco "Frankie" Flores	09/01/1991	Noah Seamster	09/03/2007
Rosemary Badiali	09/08/1957	Sean Aquitania, Jr.	09/14/2007
		Sean Aquitania, Sr.	09/14/2007
		Enrique Perez	09/13/2007
		David Butler	09/26/2008
		Vincente Segura Hernandez	09/24/2008
		Alfredo "Chino" Perez	09-13-2007
		Dominic D. Campos	09/30/2009
		Lee Edward Johnson	09/19/2009
		Jesus Garcia	09/04/2011
		Audie Hogue	09/14/2011
		Luv Land	09/15/2012

In Loving Memory

October Dates of Birth

October Dates of Loss

Tamar Puccinelli	10/08/1974	Michael Ross	10/25/2003
Zephriah Johnson	10/02/1975	Michael Jason Moore	10/24/2003
Roberto Treadway	10/03/1987	Tommy Lee Deorosan, Jr.	10/23/1999
Ryan Smith	10/31/1978	Thomas Calvin Rambo	10/01/1994
Jasmine Leon	10/27/1973	Oletha Bradford	10/25/1997
David Ortiz, Jr.	10/08/1972	Robert	10/30/1995
Michael S. Trout, Jr.	10/19/1974	David L. Sargent II	10/11/1999
Anthony Keith Robinson	10/04/1959	Shawna Edgar	10/23/1995
Shannon Leigh Long	10/28/1981	Brittany Aardahl	10/01/1997
Ruben Esquivel	10/13/1974	Marc Heron	10/11/1994
Richal Shelly Dillion	10/15/1959	John Heringer	10/20/1995
Sylvia Diaz	10/18/1933	Brit C. Bahn	10/11/1995
Frank Contreraz	10/15/1969	Toni R. Shull	10/02/1997
Marsha Runyon	10/27/1979	Frank Champion	10/22/2003
Keyonta Deon Thornton	10/15/1977	Manuel Alexander	10/03/2004
Carl Anthony Wright	10/03/1975	Michelle	10/15/2004
Andrew Jackson Lewis	10/23/1976	Nina-Rose	10/15/2004
Michelle	10/10/1972	Samantha	10/15/2004
Nina-Rose	10/20/1997	Jerry Sarnowski	10/04/2004
Prem Chetty	10/30/1955	Bart Santiago	10/23/2005
Ronald Carpenter Singleton Jr.	10/14/1968	Xochitl Djeda Martinez	10/16/2005
Deborah J. Williams Brown	10/06/1957	Eddie Holman	10/25/2005
Danny Hickman	10/03/1980	Ronald Carpenter Singleton Jr.	10/04/2005
Darryl LaMont Harris	10/22/1974	Nina Guess	10/01/2006
Raymond Lee Robinson	10/13/1957	Joseph Proctor	10/04/2006
Jonah L. Williams-Simms	10/05/1988	Darryl LaMont Harris	10/21/2006
Marcus Houston Mayes	10/23/1989	Robert Grimes, III	10/02/2007
Chester Corser Jr.	10/08/1946	Ebony Kight	10/25/2007
Jeremiah Josiah McRath	10/05/2006	Emanuel Michel	10/18/2008
David Endres	10/23/1965	Gustavo Lopez	10/31/2008
Vern Saeturn	10/13/1991	Steve X. Lo	10/15/2008
Jerry Saeturn	10/16/1988	Tammula Robbins	10/10/2009
		Joshua Scott Trahan-Mays	10/10/2009
		Kevin Burks	10/11/2011
		Jacklyn Sue Arata	10/22/2012
		Kathleen Joy Arata	10/22/2012
		Chizuko Kaneshi	10/22/2013
		Dolly Badiali	10/04/2014

When you lose someone you love, Your life becomes strange, The ground beneath you becomes fragile, Your thoughts make your eyes unsure; And some dead echo drags your voice down Where words have no confidence Your heart has grown heavy with loss; And though this loss has wounded others too, No one knows what has been taken from you When the silence of absence deepens.

Flickers of guilt kindle regret For all that was left unsaid or undone.

There are days when you wake up happy; Again inside the fullness of life, Until the moment breaks And you are thrown back Onto the black tide of loss. Days when you have your heart back, You are able to function well Until in the middle of work or encounter, Suddenly with no warning, You are ambushed by grief.

It becomes hard to trust yourself. All you can depend on now is that Sorrow will remain faithful to itself. More than you, it knows its way And will find the right time To pull and pull the rope of grief Until that coiled hill of tears Has reduced to its last drop.

Gradually, you will learn acquaintance With the invisible form of your departed; And when the work of grief is done, The wound of loss will heal And you will have learned To wean your eyes From that gap in the air And be able to enter the hearth In your soul where your loved one Has awaited your return All the time.

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Dedications to your loved ones can be featured in the newsletter. Please submit them to Michelle Husbands at <u>husbandsm@sacda.org</u> by the 10th of the previous month you would like the dedication to appear. Eg. Dedications for the May's newsletter should be submitted by April 10th

Memorial Quilts: If you are interested in having a picture of your lost loved one placed on a quilt, please contact your victim advocate for instructions on how to complete that process.

Meeting Dates & Times: Oct 6th, 2021 @ 6:30 pm Zoom Nov 3rd, 2021 @ 6:30 pm Zoom Dec 1st, 2021 @ 6:30 pm Zoom

Children's Support Groups: Sutter Memorial Children Bereavement Art group for ages 4-16 contact 916-887-5275 for various locations in Sacramento County. www.sutterchildrens.org/childbereavement

UC Davis Hospice young adult group for ages 17-24. Please contact Don Lewis @ 916-734-1139. Closed group which meets once a week for 8 sessions.

SNOWLINE Healing All Together provides FREE groups for children, teens and their families at the Sacramento Children Museum, 2701 Prospect Park Dr, Rancho Cordova, CA 95670 Contact their Bereavement Services section at 530-621-7820 or 916-817-2338 to enroll in group. https://www.snowlinehospice.org/our-services/griefsupportgroups

REMEMBER ME BEARS: Anyone interested in having a bear made from an article of clothing, blanket etc. that holds special memories of your loved one, may contact Ms. Sharon Bell at 707-678-3738. The cost is \$30 and she is willing to work with those who may have financial difficulty. The materials should be mailed to her at 1380 West F street, Dixon CA 95620. Here is a link of her sharing her journey <u>https://vimeo.com/353432975</u>

Grief Support and Resources

Parents of Murdered Children (POMC) is a national self-help organization designed solely to offer emotional support and information for anyone (not just parents) about surviving the loss of a loved one to murder. They meet the first Saturday of the month from 1:00 to 3:00 pm, at Antelope Springs Church Roseville, CA For additional info. call (916) 879-4541

Crime Victim's United of California sponsors a victim's support group **the 2nd Tuesday of each month** beginning at 6:30 pm at St. Teresa of Avila's Church in the preschool buildings at 11600 Atwood Road, Auburn CA. If you or someone you know is interested in attending, please call and confirm time and place at 530-885-9544.

Sacramento Valley Compassionate Friends meets every third Friday of each month 7:30-9:30 pm at the St. Mark's United Methodist Church, 2391 St. Marks Way, Sacramento CA 95864. Use the parking lot on Lusk in front of the Education Bldg. Meeting is upstairs in room E- 26 also accessible by elevator. Please contact the general number with questions pertaining to the group or email them at tcfsacvalley@gmail.com

Sacramento Valley Compassionate Friends Men's Sharing meeting is every second Tuesday of the month 7:30—9:00 pm at Christ Community Church 5025 Manzanita Ave, Carmichael in Rm 15. Parking is in the back.

SUICIDE PREVENTION RESOURCES: DO NOT TRY TO DEAL WITH IT ON YOUR OWN National Suicide Prevention Lifeline @ 1-800-273-8255 (1-800-273-TALK) or 1-800 784-2433 (1-800 suicide); Sacramento Suicide Crisis Prevention line @ 916-368-3111; National Organization for People of Color Against Suicide: http://www.nopcas.org

The following members of the support group are willing to lend a listening ear during your time of grief.

Grace Beren: 916-730-5640; Earline Harris: 916-204-3399

www.thecompassionatefriends.com

www.1800victims.org

www.crimevictimsunited.com

www.cvactionalliance.org Crime Victims Action Alliance

www.pomc.org

www.pomc.org/sacramento