

SACRAMENTO
COUNTY DISTRICT
ATTORNEY OFFICE



Victim Advocates

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Homicide Support Network

SEPT. 2013

VOLUME 7

Group Purpose

Why are we here: To support persons who survive the violent death of someone close as they seek to recover; To provide contact with similarly bereaved persons and establish self-help groups that meet regularly; To provide information about the grieving process and the criminal justice system as they pertain to survivors of a homicide; To communicate with professionals in the helping fields about the problems faced by those surviving a homicide and to increase society's awareness of these issues.

UPCOMING MEETINGS

October 2nd, 2013 @ 6:30 pm

**Sacramento District Attorney's Office
located at 901 G Street.**

**Please park in the jury lot on 8th & G and enter
the building through the back door.**

Next meeting: November 6th, 2013 @ 6:30pm

REMINDER

Newsletter link http://www.sacda.org/victim_witness/Network.htm
If the link does not work please follow these steps 1) Enter www.sacda.org
2) click on the victim witness tab in the box to the left
3) click on the newsletters link.



In Loving Memory.....

It is always hard to remember those special days we shared in the lives of our loved ones. We take this time to honor their birthdays and to acknowledge the time when they were taken from our presence.



September Dates of Birth

September Dates of Loss

Vincent Estrada	09/17/1978
Stephane Murphy	09/01/1961
Christopher A. Navarro	09/29/1971
James Eugene McMillen	09/22/1978
Hector Rosales, Jr.	09/08/1979
Howard Curtis Morris, Jr.	09/07/1981
Mario Vidal	09/16/1988
Cheryl Brinkley	09/14/1981
Timothy Tallman	09/02/1974
Devin McWilliams	09/09/1976
Jerry Sarnowski	09/22/1972
Brandon Loomer	09/01/1981
NG heim Thai	09/01/1953
Tyesha Gallien	09/03/1986
Kaysha Janae Shafer	09/06/2003
Lee Michael Candelaria	09/03/1981
Kelly Ann Johnson	09/22/1987
Gregory Cabrera	09/02/1972
Timothy Tallman	09/02/1974
Devin Marsean Crowder	09/28/1975
Dominique Dupree Hickman	09/13/1989
Carlos Hermaine Bryant	09/25/1972
Noah Seamster	09/26/1988
Gustavo Lopez	09/08/1990
Katricia Banks	09/17/1983
Michael Branner Jr.	09-16-1978
Salvador Heredia-Arriago	09/01/1983
Robert Corpos	09/05/1990

Denise Hooper	09/15/1989
Alvin Stone	09/13/2002
Ian Duarte	09/18/2002
Andrey Tsurkanu	09/02/2003
Pavel Voskoboinik	09/27/2003
Harnes	09/03/2003
Jeff Holly	09/02/1995
Tomek Ordon	09/16/1994
Lindsay Sullivan	09/25/1995
Howard Curtis Morris, Jr.	09/22/1999
Tonya Belton	09/26/1993
Ruben Esquivel	09/21/1995
Antonio Indio Del Sol Garcia	09/17/1994
Yvonne Bean-Tate	09/27/1993
Thaddeus Czuprynski	09/23/1999
Marsha Runyon	09/23/1999
Mathew Erwin	09/12/1997
Keyonta Deon Thornton	09/07/2000
Tommy Xiong	09/11/2002
Howard Turley	09/16/2005
Princella Walker	09/24/2005
Homero Estrada Perez	09/17/2005
Margarita Cortez	09/17/2004
Donte L. Walton	09/23/2006
John Paul Martin	09/21/2006
Antonio Garnica	09/28/2001
Jose Segura	09/08/2007
Noah Seamster	09/03/2007
Sean Aquitania, Jr.	09/14/2007
Sean Aquitania, Sr.	09/14/2007
Enrique Perez	09/13/2007
David Butler	09/26/2008
Vincente Segura Hernandez	09/24/2008
Alfredo "Chino" Perez	09-13-2007
Dominic D. Campos	09/30/2009
Lee Edward Johnson	09/19/2009
Jesus Garcia	09/04/2011
Audie Hogue	09/14/2011

Reality of Life

Life isn't just full of happiness,
It's sunsets, it's love, it's tears.
It's the thoughts of yesterdays memories,
That can wash away all out fears.

It's that very painful experience,
That each one of us has had.
It's the laughter that fills the air,
It's the tears when you are sad.

It's loving that someone special,
That at one time made you smile.
It's the pain of losing that person,
But the memories that make it worthwhile.

It's that child in every one of us,
Although in time we'll all be old.
It's the good times we'll never forget,
It's the memories we'll always hold.

It's the hug that we all need,
When we'd rather drown in our sorrow.
It's the hope in every one of us,
That makes us hold on for tomorrow.

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POMC DAY OF REMEMBRANCE

MURDERED VICTIMS TO BE REMEMBERED



The Sacramento Area Chapter of POMC
-Parents Of Murdered Children-

For Families and Friends of those who have died by Violence

Will hold a special ceremony on:

Wednesday, September 25

From 6:00 pm to 8:00 pm

on the North Steps of the State Capitol

This observance pays tribute to all murder victims everywhere.

For more information about the Sacramento Area Chapter of POMC, please call 916-879-4541, or visit our website at www.pomc.org/sacramento.



Free Weekend Grief Camp

October 25-27th, 2013

For children 6 to 17 years old, who have experienced the death of a loved one.

NEW CAMPERS ONLY



Visit www.camphopeCA.com for more information and to register

Email: info@camhopeca.com with questions

Or call **916-772-1400** to speak with

Lynn Hebert

Announcements:

Dedications to your loved ones can be featured in the newsletter. Please submit them to Michelle Husbands at husbandsm@sacda.org by the 10th of the previous month you would like the dedication to appear. Eg. Dedications for the May's newsletter should be submitted by April 10th

Memorial Quilts: If you are interested in having a picture of your lost loved one placed on a quilt, please contact your victim advocate for directions on how to complete that process.

Meeting Dates & Time: October 2nd, 2013 @ 6:30pm
November 6th, 2013 @ 6:30pm
December 4th, 2013 @6:30 pm Holiday Potluck

Children's Support Groups:

Sutter Memorial Children Bereavement Art group for ages 4-16 contact Peggy Gulshen @ 916-454-6555 for various locations in Sacramento County. www.sutterchildrens.org/childbereavement

UC Davis Hospice young adult group for ages 17-24. Please contact Don Lewis @ 916-734-1139. Closed group which meets once a week for 8 sessions. Please call for more information.

REMEMBER ME BEARS: Anyone interested in having a bear made from an article of clothing, blanket etc that holds special memories of your loved one, may contact Ms. Sharon Bell at 707-678-3738. The cost is \$30 and she is willing to work with those who may have financial difficulty. The materials should be mailed to her at 1380 West F street, Dixon CA 95620.

"Grief is neither an illness nor a pathological condition, but rather a highly personal and normal response to life-changing events, a natural process that can lead to healing and personal growth. The transition through this difficult time is the courageous journey."

-- Sandi Caplan and Gordon Lang, in
Grief's Courageous Journey: A Workbook

Grief Support and Resources

Parents of Murdered Children (POMC) is a national self-help organization designed solely to offer emotional support and information for anyone (not just parents) about surviving the loss of a loved one to murder.

Meetings are the 4th Monday of each month from 6:30 pm - 8:00 pm at 5770 Freeport Blvd, Sacramento CA 95822. For additional info. call (916) 899-0090

Crime Victim's United of California sponsors a victim's support group **the 2nd Tuesday of each month** beginning at 6:30 pm at St. Teresa of Avila's Church in the preschool buildings at 11600 Atwood Road, Auburn California. This group encompasses 5 counties INCLUDING; El Dorado, Nevada, Placer, Sacramento and Yuba and is open to all victims of crime regardless of what crime, how long ago it occurred or where it occurred. The meetings are facilitated by a Therapist, Victim/Witness staff and District Attorney. If you or someone you know is interested in attending, please call and confirm time and place at 530-885-9544.

Sacramento Valley Compassionate Friends meets **every third Friday of each month 7:30-10:00 pm** at the North Natomas Library 4600 Via Ingoglia, Sacramento CA. Please contact Pamela Amo @ 916-955-3180 for questions pertaining to the group.

VIVA—Volunteers in Victim Assistance is a full service center for victims of violent crime and trauma. It is located at 2020 Hurley Way, Suite 265 Sacramento CA 95825. Tel # 916-570-1690. They serve victims primarily in Sacramento County, but they can also serve victims in El Dorado, Placer and Yolo counties. They provide counseling, drop-in center, crisis intervention, children and adolescent therapy along with other services. For additional information or to receive services please contact them at the listed number above.

SUICIDE PREVENTION RESOURCES: DO NOT TRY TO DEAL WITH IT ON YOUR OWN

National Suicide Prevention Lifeline @ 1-800-273-8255 (1-800-273-TALK) or 1-800 784-2433 (1-800 suicide)

Sacramento Suicide Crisis Prevention line @ 916-368-3111

National Organization for People of Color Against Suicide: <http://www.nopcas.org>

The following members of the support group are willing to lend a listening ear during your time of grief.

Vijay Butler: 916-837-0066; Grace Beren: 916-730-5640

Earline Harris: 916-204-3399

www.thecompassionatefriends.com

www.groww.com— Online grief support group

www.1800victims.org

www.crimevictimsunited.com

www.cvactionalliance.org Crime Victims Action Alliance

www.pomc.org

www.pomc.org/sacramento