### SACRAMENTO COUNTY DISTRICT ATTORNEY



### Victim Advocates

Ahmanal Dorsey 916-874-6193 DorseyA@sacda.org

Michelle Husbands 916-874-5430 HusbandsM@sacda.org



To support persons who survive the violent death of someone close as they seek to recover; to provide contact with similarly bereaved persons and establish self-help groups that meet regularly; to provide information about the grieving process and the criminal justice system as they pertain to survivors of a homicide; to communicate with professionals in the helping fields about the problems faced by those surviving a homicide and to increase society's awareness of these issues.

**GROUP PURPOSE** 

## **Upcoming Meeting Information**

### Wednesday May 1st, 2013 6:30-8:00pm Presenter: Detective Paul Belli

Sacramento District Attorney's Office 901 G Street, Sacramento CA Please park in the jury lot on 8th & G and enter the building through the back door.

> Next Meetings: June 5th,2013 (summer potluck)

July & August Summer Break (no meetings @ DA office)

MAY 2013

# In Loving Memory.....

It is always hard to remember those special days we shared in the lives of our loved ones. We take this time to honor their birthdays and to acknowledge the time when they were taken from our presence.

<u>May Dates of Birth</u>		<u>May Dates of Loss</u>	
Otila Carrington	05/18/1955	Shawn Foltz	05/14/2001
Shaun Foltz	05/02/1977	Travell Collins	05/02/2002
Tyreko Johns	05/16/1976	Denia Nicole Crawford	05/04/1999
Wilfredo Ochoa	05/10/1975	Anthony Jon Casteel	05/28/1999
Jeff Holly	05/04/1973	Michelle Montoya	05/16/1997
Mario Escobar	05/16/1952	Vikki Lynn Lustig	05/12/1997
Shawna Edgar	05/24/1977	Marlena Brooks	05/31/1993
Oscar DeHerrera	05/14/1981	Kenneth Hahn	05/02/1999
Marlena Brooks	05/26/1974	Hector Rosales, Jr.	05/05/2000
Brittany Aardahl	05/28/1973	George Anthony Shtaway, Jr.	05/18/2000
Tad Shaw	05/23/1961	Angela Marie Prindle	05/31/2002
Thaddeus Czuprynski	05/20/1980	Horatio Lawrence	05/08/2001
Soledad Abogado	05/17/1917	Andrew Jackson Lewis	05/22/2005
LaRhonda Marie Johnson	05/24/1982	Jerry Johnson Jr.	05/09/2005
Milton Miguel Ruiz	05/23/1981	Michael Dewatt Smith	05/20/2006
Astin Lawrence	05/15/1985	Marquis Lamont Kendall	05/13/2006
LeWayne Alan Carolina	05/05/1976	Johnny Edwards Lewis	05/22/2006
Hector Manuel Barrera Jr.	05/25/1980	Albert Lloyd Titman	05/17/2006
Carlos Morales	05/31/1986	Donald Lamell Willis, Jr.	05/06/2005
Richard Ramos Rios	05/01/1986	Adrian Hutchins	05/08/2007
Phuong Van Le	05/18/1948	Joseph Zacaria Gomez	05/09/2007
Robert Skou	05/07/1984	Joseph Aaron Griggs	05/17/2007
Donte L. Walton	05/10/1990	Larry Gibbs	05/09/2007
Cleveland H. Scott	05/27/1953	Carlos Hermaine Bryant	05/29/2007
Brenda D. Trujillo	05/14/1958	Tri Minh Pham	05/08/2007
Sylvia F. Guerrero	05/16/1970	Paul Ray Cousins III	05/19/2009
Gabriel Martinez	05/31/1982	Marcus Houston Mayes	05/28/2009
Rudolph Haynes	05/02/1952	Chawn Chaney	05/29/2009
Jelissa Office	05/07/1990	David Endres	05/31/2010
Julian Maisonet	05/27/1946		
Doug Cline	05/25/1959		
Joshua Kalb	05/20/1980		
Jaylon Wilfort	05/18/1975		
Enrique Perez	05/22/1987		
Alexander Villa	05/03/1982		
Fernando Lorenvo Munoz	05/12/1983		
Lael Wilson III	05/20/1981		
Alfredo "Chino" Perez	05/22/1987		
Marcus Thompson	05/01/1991		
Marque Alexander Johnson	05/06/1992		
Robert Flores	05/16/1973		











### IN PASSING

Sometimes Mom in passing Would pat you on the back And sometimes in passing She'd show you the right track.

Sometimes Mom in passing Would say, "You sure look nice!" And sometimes in passing She could, make you, think twice.

Sometimes Mom in passing Would lightly touch your hair And sometimes in passing She'd show you what was fair.

Sometimes Mom in passing Would ask, "What do you mean?" And sometimes in passing She would get in between.

Sometimes Mom in passing Would give you, "that look" And sometimes in passing Would give you what it took.

But this time, Mom is passing From this world to the best And this time in passing She'll pass the final test.

And when Mom has passed And the pain is so unkind Just look and you'll find her There in your heart and mind.

Submitted By: *Del "Abe" Jones* — *http://www.theholidayspot.com/mothersday* 

### My Mother Kept A Garden

My Mother kept a garden, a garden of the heart, She planted all the good things that gave my life it's start.

She turned me to the sunshine and encouraged me to dream, Fostering and nurturing the seeds of self-esteem...

And when the winds and rain came, she protected me enough-But not too much because she knew I'd need to stand up strong and tough.

Her constant good example always taught me right from wrong-Markers for my pathway that will last a lifetime long.

I am my Mother's garden. I am her legacy-And I hope today she feels the love reflected back from me



Author Unknown

## Announcements

**Dedications** to your loved ones can be featured in the newsletter. Please submit them to Michelle Husbands at <u>husbandsm@sacda.org</u> by the 10th of the previous month you would like the dedication to appear. Eg. Dedications for the May's newsletter should be submitted by April 10th

**Memorial Quilts:** If you are interested in having a picture of your lost loved one placed on a quilt, please contact your victim advocate for directions on how to complete that process.

Meeting Dates & Time:	June 5th, 2013 @ 6:30 pm (Summer Potluck)
	July & August, 2013 ( Summer Break- no meetings)
	September 4th, 2013

### Children's Support Groups:

Sutter Memorial Children Bereavement Art group for ages 4-16 contact Peggy Gulshen @ 916-454-6555 for various locations in Sacramento County. www.sutterchildrens.org/ childbereavement

UC Davis Hospice young adult group for ages 17-24. Please contact Don Lewis @ 916-734-1139. Closed group which meets once a week for 8 sessions. Please call for more information.

**REMEMBER ME BEARS:** Anyone interested in having a bear made from an article of clothing, blanket etc that holds special memories of your loved one, may contact Ms. Sharon Bell at 707-678-3738. The cost is \$30 and she is willing to work with those who may have financial difficulty. The materials should be mailed to her at 1380 West F street, Dixon CA 95620.

# **Grief Support and Resources**

**Parents of Murdered Children (POMC)** is a national self-help organization designed solely to offer emotional support and information for anyone (not just parents) about surviving the loss of a loved one to murder. **Meetings are the 4<sup>th</sup> Monday of each month from 6:30 pm - 8:00 pm** at 5770 Freeport Blvd, Sacramento CA 95822. For additional info. call (916) 899-0090

**Crime Victim's United of California** sponsors a victim's support group **the 2<sup>nd</sup> Tuesday of each month** beginning at 6:30 pm at St. Teresa of Avila's Church in the preschool buildings at 11600 Atwood Road, Auburn California. This group encompasses 5 counties INCLUDING; El Dorado, Nevada, Placer, Sacramento and Yuba and is open to all victims of crime regardless of what crime, how long ago it occurred or where it occurred. The meetings are facilitated by a Therapist, Victim/Witness staff and District Attorney. If you or someone you know is interested in attending, please call and confirm time and place at 530-885-9544.

Sacramento Valley Compassionate Friends meets every third Friday of each month 7:30-10:00 pm at the North Natomas Library 4600 Via Ingoglia, Sacramento CA. Please contact Pamela Amo @ 916-955-3180 for questions pertaining to the group.

**VIVA**—**Volunteers in Victim Assistance** is a full service center for victims of violent crime and trauma. It is located at 2020 Hurley Way, Suite 265 Sacramento CA 95825. Tel # 916-570-1690. They serve victims primarily in Sacramento County, but they can also serve victims in El Dorado, Placer and Yolo counties. They provide counseling, drop -in center, crisis intervention, children and adolescent therapy along with other services. For additional information or to receive services please contact them at the listed number above.

SUICIDE PREVENTION RESOURCES: DO NOT TRY TO DEAL WITH IT ON YOUR OWN National Suicide Prevention Lifeline @ 1-800-273-8255 (1-800-273-TALK) or 1-800 784-2433 (1-800 suicide) Sacramento Suicide Crisis Prevention line @ 916-368-3111 National Organization for People of Color Against Suicide: http://www.nopcas.org

The following members of the support group are willing to lend a listening ear during your time of grief. Vijay Butler: 916-837-0066; Grace Beren: 916-730-5640

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www.thecompassionatefriends.com www.groww.com</u>— Online grief support group www.1800victims.org www.crimevictimsunited.com www.cvactionalliance.org www.pomc.org www.pomc.org www.pomc.org/sacramento