

# HOMICIDE SUPPORT NETWORK

Sacramento County District Attorney's Office

March 2018

<http://www.sacda.org/helpingvictims/victim-witness/>

Issue 3

## GROUP PURPOSE

### *Why are we here:*

To support persons who survive the violent death of someone close as they seek to recover;

To provide contact with similarly bereaved persons and establish self-help groups that meet regularly;

To provide information about the grieving process and the criminal justice system as they pertain to survivors of a homicide;

To communicate with professionals in the helping fields, about the problems faced by those surviving a homicide and to increase society's awareness of these issues.



### **Facilitating Victim Advocates**

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## UPCOMING MEETINGS

**April 4th, 2018 @ 6:30 pm**

**Life Of A Case in DA's Office**

**Presented by a Deputy District Attorney**

**Sacramento District Attorney's Office  
901 G Street, Sacramento CA**

Please park in the jury lot on 8th & G, or behind the building and enter through the back door.

## In Loving Memory

### March Dates of Birth

Manuel Parra	03/07/1971
Thomas Swafford	03/31/1980
Conrad Sanchez	03/23/1970
Kimberly Ray	03/24/1965
Albert Proctor	03/22/1968
Michael A. Menzies	03/21/1978
Julianna Lacefied	03/25/1994
Tony Galati	03/14/1979
Robert _____	03/03/1966
William A. Broady	03/28/1953
Anthony Jon Casteel	03/20/1968
Billy Champ, Jr.	03/23/1997
Mark Contreraz	03/23/1994
Theron LaMortoe Hopkins-Hollis	03/02/1976
Kelly Dyan Hendershot	03/23/1979
David Crawford	03/09/1948
Maurice Taylor	03/07/1983
Wesley Hunter	03/05/1979
Stevan Stewart Santistevan	03/30/1960
Howard Turley	03/31/1973
Princella Walker	03/24/1979
Homero Estrada Perez	03/30/1971
Augusto E. Lopez-Garcia	03/24/1986
Nina Guess	03/12/2005
Damien Louis King	03/13/1989
Michael Lamar Barron	03/17/1979
Jerimi Millican	03/17/1986
Marquis R. Richmond	03/22/1976
Joseph Zacaria Gomez	03/15/1989
Joseph Roneel Dutt	03/14/1985
Patrick Moore	03/15/1968
Robert Grimes, III	03/30/1982
Marie Buchanan	03/27/1952
Leo Fletcher III	03/17/1986
Evelyn Wash	03/01/1952
Dominic D. Campos	03/28/1988
Anthony Lamar Barnett	03/01/1983
Michael Sanderson	03/14/1957
Nichole Riolo	03/24/1983

### March Dates of Loss

LaVelle Grays	03/20/2001
La'Ronda Marie Johnson	03/26/1998
John E. Sullivan	03/29/2003
Zephriah Johnson	03/21/2003
Vincent Estrada	03/25/2003
Tony Galati	03/14/1998
Larry Carrisosa	03/01/2000
Tad Shaw	03/13/1998
Randy Peterson	03/28/1999
Andre Duran Whittaker	03/26/1999
Crystal Johnson	03/29/1994
Anthony Keith Robinson	03/16/1999
Nickolas Contreaz	03/02/1998
Beverly Jean Horne	03/06/1995
David Sarget III	03/26/1998
Glenn C. Whitten	03/01/2000
Jackie Madera	03/28/1999
Joie Armstrong	03/26/1999
Ricky J. Collier	03/29/1994
Tomek Ordon	03/02/1998
Andres Martinez, Jr.	03/13/1998
Wilfredo Ochoa	03/27/2004 D.
Johnson	03/10/2004
Julie Ann Carrera	03/12/2005
Linda Louise Avila	03/12/2005
Jesse Rodgers, Jr.	03/10/2005
De'Antwan T. Thomas	03/11/2005
Hector Manuel Barrera Jr.	03/26/2006
Carlos Morales	03/06/2006
Phuong Van Le	03/14/2006
Ralph Reynoso, Jr.	03/26/2006
Michael Lamar Barron	03/09/2007
Cleveland H. Scott	03/30/2007
Gregory Cabrera	03/28/2007
Jelissa Office	03/23/2007
John Johnson	03/25/2006
Arlo Ligi	03/13/2008
Jack Maurice Lawrence	03/15/2006
Fernando Lorengo Munoz	03/21/2009
Raul Velasquez	03/13/2010
Salvador Heredia-Arriaga	03/26/2010
Marque Alexander Johnson	03/17/2010
Jeremiah Josiah McRath	03/25/2010
Monica Anderson	03/13/2010
David Valdez	03/20/2011
Jessica Haslam	03/06/2012



**MONDAY APRIL 9TH, 2018  
WEST STEPS OF THE  
CALIFORNIA STATE CAPITOL**

**10th Street side**

**9:00 am—12:00 pm**

***If you sent a photo in before it will be on display.***

*If you would like to have a photograph of a loved one lost to violent crime displayed, copy and follow directions on photo release form enclosed. You can also access it at [www.crimevictimsunited.com](http://www.crimevictimsunited.com)*

***PLEASE FOLLOW DIRECTIONS OF WHERE TO SEND PHOTO ON FORM. Photo deadline: March 9th, 2018***

## **Parents Of Murdered Children (POMC)**

On Monday March 12, 2018 the Sacramento Chapter of Parents Of Murdered Children will be hosting a Sibling Grief Panel. From 6:30 to 8:30 pm at 5770 Freeport Blvd. Sacramento, CA.

This panel will give attendees an in-depth look into the emotions and experiences of surviving siblings. The grief of siblings is very special and not always understood or validated in a family. This forum is OPEN TO ALL, and will be informative, shedding light on grief that is usually minimized and/or denied. An open forum for questions and discussions will be included as part of the panel. Attendees need to be 16 years and older please.

Misty Foster

Sacramento Area Chapter Leader

Parents Of Murdered Children (POMC) [www.pomc.org/sacramento](http://www.pomc.org/sacramento)

**DON'T TELL ME**

Don't tell me that you understand  
Don't tell me that you know.  
Don't tell me that I will survive,  
How I will surely grow.

Don't tell me this is just a test,  
That I am truly blessed,  
That I am chosen for this task,  
Apart from all the rest.

Don't come to me with answers  
That can only come from me,  
Don't tell me how my grief will pass  
That I will soon be free.

Don't stand in pious judgment  
Of the bonds I must untie.  
Don't tell me how to suffer,  
And don't tell me how to cry.

My life is filled with selfishness,  
My pain is all I see,  
But I need you, I need your love,  
Unconditionally.

Accept me in my ups and downs,  
I need someone to share,  
Just hold my hand and let me cry,  
And say, "My friend, I care."

Joanetta Hendel

**Dedications** to your loved ones can be featured in the newsletter. Please submit them to Michelle Husbands at [husbandsm@sacda.org](mailto:husbandsm@sacda.org) by the 10th of the previous month you would like the dedication to appear. Eg. Dedications for the May's newsletter should be submitted by April 10th

**Memorial Quilts:** If you are interested in having a picture of your lost loved one placed on a quilt, please contact your victim advocate for instructions on how to complete that process.

**Meeting Dates & Times:** April 4th, 2018 @ 6:30 pm  
May 2nd, 2018 @ 6:30 pm  
June 6th, 2018 @ 6:30 pm Summer Potluck

**Children's Support Groups:** Sutter Memorial Children Bereavement Art group for ages 4-16 contact Peggy Gulshen @ 916-454-6555 for various locations in Sacramento County. [www.sutterchildrens.org/childbereavement](http://www.sutterchildrens.org/childbereavement)

**UC Davis Hospice** young adult group for ages 17-24. Please contact Don Lewis @ 916-734-1139. Closed group which meets once a week for 8 sessions, next session starts Feb 20th, 2018 ending April 10th , 2018 6:00 pm -7:30 pm

**POMC ANNUAL BALOON RELEASE:** Wednesday, April 11th, 2018, from 12:00 to 2:00 pm. With the balloon release scheduled for 1:00 pm. It will be held at the McKinley Park Rose Garden again this year. We are releasing the balloons in remembrance of our loved ones who have died by violence. Please RSVP by April 2, 2018 to ensure we have enough balloons for everyone.

**REMEMBER ME BEARS:** Anyone interested in having a bear made from an article of clothing, blanket etc that holds special memories of your loved one, may contact Ms. Sharon Bell at 707-678-3738. The cost is \$30 and she is willing to work with those who may have financial difficulty. The materials should be mailed to her at 1380 West F Street, Dixon CA 95620.

## Grief Support and Resources

**Parents of Murdered Children (POMC)** is a national self-help organization designed solely to offer emotional support and information for anyone (not just parents) about surviving the loss of a loved one to murder. **Meetings are the 4<sup>th</sup> Monday of each month from 6:30 pm - 8:00 pm at 5770 Freeport Blvd, Sacramento CA 95822.** For additional info. call (916) 879-4541

**Crime Victim's United of California** sponsors a victim's support group **the 2<sup>nd</sup> Tuesday of each month** beginning at 6:30 pm at St. Teresa of Avila's Church in the preschool buildings at 11600 Atwood Road, Auburn CA. If you or someone you know is interested in attending, please call and confirm time and place at 530-885-9544.

**Sacramento Valley Compassionate Friends** meets **every third Friday of each month 7:30-10:00 pm** at the St. Mark's United Methodist Church, 2391 St. Marks Way, Sacramento CA 95864. Please contact Pamela Amo @ 916-955-3180 for questions pertaining to the group.

**VIVA—Volunteers in Victim Assistance** is a full service center for victims of violent crime and trauma. It is located at 2020 Hurley Way, Suite 265 Sacramento CA 95825. Tel # 916-570-1690. They serve victims primarily in Sacramento County, but they can also serve victims in El Dorado, Placer and Yolo counties. Please contact them for additional information.

**SUICIDE PREVENTION RESOURCES:** DO NOT TRY TO DEAL WITH IT ON YOUR OWN  
National Suicide Prevention Lifeline @ 1-800-273-8255 (1-800-273-TALK) or 1-800 784-2433 (1-800 suicide); Sacramento Suicide Crisis Prevention line @ 916-368-3111;  
National Organization for People of Color Against Suicide: <http://www.nopcas.org>

The following members of the support group are willing to lend a listening ear during your time of grief.

**Grace Beren: 916-730-5640; Earline Harris: 916-204-3399**

[www.thecompassionatefriends.com](http://www.thecompassionatefriends.com)

[www.1800victims.org](http://www.1800victims.org)

[www.crimevictimsunited.com](http://www.crimevictimsunited.com)

[www.cvactionalliance.org](http://www.cvactionalliance.org) Crime Victims Action Alliance

[www.pomc.org](http://www.pomc.org)

[www.pomc.org/sacramento](http://www.pomc.org/sacramento)