

HOMICIDE SUPPORT NETWORK

Sacramento County District Attorney's Office

July 2017

<http://www.sacda.org/divisions/vw/vw.php>

Issue 6

GROUP PURPOSE

Why are we here:

To support persons who survive the violent death of someone close as they seek to recover;

To provide contact with similarly bereaved persons and establish self-help groups that meet regularly;

To provide information about the grieving process and the criminal justice system as they pertain to survivors of a homicide;

To communicate with professionals in the helping fields, about the problems faced by those surviving a homicide and to increase society's awareness of these issues.



Victim Advocates

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UPCOMING MEETINGS

SUMMER BREAK

NO MEETINGS JULY & AUGUST

See you September 6th, 2017 @ 6:30 pm

**Sacramento District Attorney's Office
901 G Street, Sacramento CA**

In Loving Memory

July Dates of Birth

Nancy Jenkins-Smith	07/28/1959
Pavel Voskoboinik	07/03/1985
Nadine Reyes	07/02/1984
Jeromy K. Shinault	07/07/1980
Freddie Rodriguez III	07/04/1986
Jevon Cory Brown	07/01/1975
Andre Duran Whittaker	07/25/1974
Vicky Skanks	07/13/1975
Marvin Peterson	07/11/1960
Ivan Hodge	07/05/1967
Marc Heron	07/29/1974
John Heringer	07/25/1957
Anita Uribe	07/06/1947
William Rasica, Jr.	07/23/1969
Ricky Jouahan Collier	07/27/1969
Kenneth Hahn	07/26/1982
Phyllis Lewis-Elame	07/14/1947
La Velle Grays	07/03/1967
Horatio Lawrence	07/19/1980
Tommy Xiong	07/21/1982
Navnil Chand	07/03/1988
Jahh Aquell Henry Hoskins	07/26/1984
Terrell Anderson	07/09/1982
Raymond Villescaz	07/29/1967
Michael Anderson	07/25/1959
Johnny F. Nolasco	07/09/1983
Ralph Reynoso Jr.	07/06/1987
Victor Lima	07/22/1988
John Paul Martin	07/20/1968
Antonio Garnica	07/18/1975
Prince Ray Mills	07/04/1983
Martin Ramierz Jr.	07/30/1986
Braeden Gardner	07/28/2003
Perell Marquise Waters	07/04/1990
Manuel Maciel	07/13/2005
Jazzmyne Sharnae Bruner	07/12/1991
Kathleen Roloff	07/01/1942
Elma Matranga	07/14/1913

July Dates of Loss

Nadine Reyes	07/08/2002
Armondo Toro	07/17/2003
Jasmine Leon	07/14/2003
Jason Taylor	07/23/2002
James Robert Treiberg	07/17/1991
Agnes Elias	07/24/2002
Andres Martinez	07/19/1999
Glenn C. Whitten	07/24/1995
Fealofani V. Lopa	07/24/1996
Joie Armstrong	07/21/1999
Dina Linda Jimenez	07/07/2000
Peter Trujillo	07/27/2000
Michael Izell Brown	07/28/2001
Timothy Donaldson, Sr.	07/30/2003
Donnell Harden	07/08/2000
Joseph Dewayne Young	07/10/2005
Thomas Devon Vassar	07/17/2005
Timothy Tallman	07/15/1996
Clifford Owens	07/26/2005
Devin McWilliams	07/31/2005
Stephan Brophy	07/10/2005
Damon Moore	07/15/2005
Astin Lawrence	07/23/2005
Beverly Ann Smith	07/03/2005
Prem Chetty	07/07/2005
Tyesha Gallien	07/04/2006
Eddie Steele	07/31/2006
Daniel James Martinez	07/22/2006
Richard A. Bustillos	07/16/2006
Laura Steward	07/08/2007
Alexandra Maria Cerda	07/08/2007
Timothy Tallman	07/15/1996
Antwoan Dupree Williams	07/23/2007
Devin Marsean Crowder	07/28/2007
Avery Marie Polk	07/04/2007
Damon Perkins	07/19/2003
Arcelius Lee	07/28/2007
Everett A. Taylor	07/22/2009
Damon Moore	07/15/2005
Isaac-Michael Bartkovsky	07/15/2009
Lanajah Nachele DuPree	07/11/2010
Curtis Atkinson	07/22/2010
Michael Sanderson	07/29/2011

Never Forgotten

I think of things you used to say
And all that you would do.
At some point, every single day,
My thoughts will turn to you.

To lose you was a bitter wrench,
The pain cut to my core.
I cried until my tears ran out
And then I cried some more.

This wouldn't be your wish for me
That I'd be ever sad
So I try to remind myself
Of happy times we had.

I know I can't be with you now
And you can't be with me
But safe inside my heart you'll stay;
That's where you'll always be.

By Ms.Moem

UC Davis Hospice Young Adult Bereavement Art Group

This group is appropriate for any young adult, age 17 to 24, who is coping with a death of someone close.

Eight sessions starting Wednesday, September 20, 2017, ending Wednesday, November 8, 2017 from 6 to 7:30 p.m.

Topics to be covered during the eight sessions include:

Acknowledging and understanding grief

Expressing and accepting feelings

Changing of roles

Coping and stress

Developing supportive relationships

Group size is limited. Registration for this group will close September 18 or earlier if filled. We look forward to seeing you.

This is a free service offered by the UC Davis Hospice Program and UC Davis Children's Hospital, along with a generous grant from Children's Miracle Network.

We also provide a general adult grief support group four times a year, and a group for parents who have lost a pediatric age child – starting in January. There are additional groups in the community as well.

Young Adult Bereavement Art Group

Wednesdays for eight weeks, starting September 20, 2017

6 – 7:30 p.m.

UC Davis Home Care Services Building, Door F

**3630 Business Drive
Sacramento, CA 95820**

Dedications to your loved ones can be featured in the newsletter. Please submit them to Michelle Husbands at husbandsm@sacda.org by the 10th of the previous month you would like the dedication to appear. Eg. Dedications for the May's newsletter should be submitted by April 10th

Memorial Quilts: If you are interested in having a picture of your lost loved one placed on a quilt, please contact your victim advocate for directions on how to complete that process.

Meeting Dates & Times: October 4th, 2017 @ 6:30 pm
November 1st, 2017 @ 6:30 pm
December 6th, 2017 @ 6:30 pm

Children's Support Groups:

Sutter Memorial Children Bereavement Art group for ages 4-16 contact Peggy Gulshen @ 916-454-6555 for various locations in Sacramento County. www.sutterchildrens.org/childbereavement

UC Davis Hospice young adult group for ages 17-24. Please contact Don Lewis @ 916-734-1139. Closed group which meets once a week for 8 sessions. Please call for more information.

REMEMBER ME BEARS: Anyone interested in having a bear made from an article of clothing, blanket etc that holds special memories of your loved one, may contact Ms. Sharon Bell at 707-678-3738. The cost is \$30 and she is willing to work with those who may have financial difficulty. The materials should be mailed to her at 1380 West F street, Dixon CA 95620.



Grief Support and Resources

Parents of Murdered Children (POMC) is a national self-help organization designed solely to offer emotional support and information for anyone (not just parents) about surviving the loss of a loved one to murder. **Meetings are the 4th Monday of each month from 6:30 pm - 8:00 pm** at 5770 Freeport Blvd, Sacramento CA 95822. For additional info. call (916) 879-4541

Crime Victim's United of California sponsors a victim's support group **the 2nd Tuesday of each month** beginning at 6:30 pm at St. Teresa of Avila's Church in the preschool buildings at 11600 Atwood Road, Auburn CA. If you or someone you know is interested in attending, please call and confirm time and place at 530-885-9544.

Sacramento Valley Compassionate Friends meets **every third Friday of each month 7:30-10:00 pm** at the St. Mark's United Methodist Church, 2391 St. Marks Way, Sacramento CA 95864. Please contact Pamela Amo @ 916-955-3180 for questions pertaining to the group.

VIVA—Volunteers in Victim Assistance is a full service center for victims of violent crime and trauma. It is located at 2020 Hurley Way, Suite 265 Sacramento CA 95825. Tel # 916-570-1690. They serve victims primarily in Sacramento County, but they can also serve victims in El Dorado, Placer and Yolo counties. Please contact them for additional information.

SUICIDE PREVENTION RESOURCES: DO NOT TRY TO DEAL WITH IT ON YOUR OWN
National Suicide Prevention Lifeline @ 1-800-273-8255 (1-800-273-TALK) or 1-800 784-2433 (1-800 suicide); Sacramento Suicide Crisis Prevention line @ 916-368-3111;
National Organization for People of Color Against Suicide: <http://www.nopcas.org>

The following members of the support group are willing to lend a listening ear during your time of grief.

Grace Beren: 916-730-5640; Earline Harris: 916-204-3399

www.thecompassionatefriends.com

www.1800victims.org

www.crimevictimsunited.com

www.cvactionalliance.org Crime Victims Action Alliance

www.pomc.org

www.pomc.org/sacramento