HOMICIDE SUPPORT NETWORK

Sacramento County District Attorney's Office

Sept 2015

http://www.sacda.org/divisions/vw/vw.php

Issue 5

GROUP PURPOSE

Why are we here:

To support persons who survive the violent death of someone close as they seek to recover;

To provide contact with similarly bereaved persons and establish self-help groups that meet regularly;

To provide information about the grieving process and the criminal justice system as they pertain to survivors of a homicide;

To communicate with professionals in the helping fields, about the problems faced by those surviving a homicide and to increase society's awareness of these issues.



Victim Advocates

Ahmanal Dorsey DorseyA@sacda.org 916-874-6193

Michelle Husbands Husbandsm@sacda.org 916-874-5430

UPCOMING MEETINGS

Next meeting October 7th, 2015

Sacramento District Attorney's Office 901 G Street, Sacramento CA Please park in the jury lot on 8th & G, or behind the building and enter through the back door.

In Loving Memory

| September Dates | of Birth | September Dates of Loss | |
|----------------------------|-------------|------------------------------|------------|
| Vincent Estrada | 09/17/1978 | Denise Hooper | 09/15/1989 |
| Stephane Murphy | 09/01/1961 | Alvin Stone | 09/13/2002 |
| Christopher A. Navarro | 09/29/1971 | Ian Duarte | 09/18/2002 |
| James Eugene McMillen | 09/22/1978 | Andrey Tsurkanu | 09/02/2003 |
| Hector Rosales, Jr. | 09/08/1979 | Pavel Voskoboinik | 09/27/2003 |
| Howard Curtis Morris, Jr. | 09/07/1981 | Harnes | 09/03/2003 |
| Mario Vidal | 09/16/1988 | Jeff Holly | 09/02/1995 |
| Cheryl Brinkley | 09/14/1981 | Tomek Ordon | 09/16/1994 |
| Timothy Tallman | 09/02/1974 | Lindsay Sullivan | 09/25/1995 |
| Devin McWilliams | 09/09/1976 | Howard Curtis Morris, Jr. | 09/22/1999 |
| Jerry Sarnowski | 09/22/1972 | Tonya Belton | 09/26/1993 |
| Brandon Loomer | 09/01/1981 | Ruben Esquivel | 09/21/1995 |
| Ng Heim Thai | 09/01/1953 | Antonio Indio Del Sol Garcia | 09/17/1994 |
| Tyesha Gallien | 09/03/1986 | Yvonne Bean-Tate | 09/27/1993 |
| Kaysha Janae Shafer | 09/06/2003 | Thaddeus Czuprynski | 09/23/1999 |
| Lee Michael Candelaria | 09/03/1981 | Marsha Runyon | 09/23/1999 |
| Kelly Ann Johnson | 09/22/1987 | Mathew Erwin | 09/12/1997 |
| Gregory Cabrera | 09/02/1972 | Keyonta Deon Thornton | 09/07/2000 |
| Devin Marsean Crowder | 09/28/1975 | Tommy Xiong | 09/11/2002 |
| Dominique Dupree Hickman | 09/13/1989 | Howard Turley | 09/16/2005 |
| Carlos Hermaine Bryant | 09/25/1972 | Princella Walker | 09/24/2005 |
| Noah Seamster | 09/26/1988 | Homero Estrada Perez | 09/17/2005 |
| Gustavo Lopez | 09/08/1990 | Margarita Cortez | 09/17/2004 |
| Katricia Banks | 09/17/1983 | Donte L. Walton | 09/23/2006 |
| Michael Branner Jr. | 09-16-1978 | John Paul Martin | 09/21/2006 |
| Salvador Heredia-Arriago | 09/01/1983 | Antonio Garnica | 09/28/2001 |
| Robert Corpos | 09/05/1990 | Jose Segura | 09/08/2007 |
| Francisco "Frankie" Flores | 09//01/1991 | Noah Seamster | 09/03/2007 |
| | | Sean Aquitania, Jr. | 09/14/2007 |
| | | Sean Aquitania, Sr. | 09/14/2007 |
| | | Enrique Perez | 09/13/2007 |
| | | David Butler | 09/26/2008 |
| | | Vincente Segura Hernandez | 09/24/2008 |
| | | Alfredo "Chino" Perez | 09-13-2007 |
| | | Dominic D. Campos | 09/30/2009 |
| | | Lee Edward Johnson | 09/19/2009 |
| | | Jesus Garcia | 09/04/2011 |
| | | A 11 TT | 00/4//-044 |

Audie Hogue

09/14/2011



National Day of Remembrance
For Murder Victims
Hosted by
Sacramento Chapter
Of Parents Of Murdered Children

Where: California State Capitol North Steps When: Friday September 25, 2015

Time: 6 to 8 pm

Please come a little early to meet other support groups and state agencies that help homicide survivors.

For more information please contact Misty Foster, Chapter Leader SacPOMC@gmail.com 916-879-4541

Reality of Life

Life isn't just full of happiness, It's sunsets, it's love, it's tears. It's the thoughts of yesterdays memories, That can wash away all out fears.

> It's that very painful experience, That each one of us has had. It's the laughter that fills the air, It's the tears when you are sad.

It's loving that someone special,
That at one time made you smile.
It's the pain of losing that person,
But the memories that make it worthwhile.

It's that child in every one of us, Although in time we'll all be old. It's the good times we'll never forget, It's the memories we'll always hold.

It's the hug that we all need,
When we'd rather drown in our sorrow.
It's the hope in every one of us,
That makes us hold on for tomorrow.

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ANNOUNCEMENTS

Dedications to your loved ones can be featured in the newsletter. Please submit them to Michelle Husbands at husbandsm@sacda.org by the 10th of the previous month you would like the dedication to appear. Eg. Dedications for the May's newsletter should be submitted by April 10th

Memorial Quilts: If you are interested in having a picture of your lost loved one placed on a quilt, please contact your victim advocate for directions on how to complete that process.

Meeting Dates & Time: October 7th, 2015 @ 6:30 pm

November 4th, 2015 @ 6:30 pm

December 2nd 2015 @ 6:30 pm—Potluck

Children's Support Groups:

Sutter Memorial Children Bereavement Art group for ages 4-16 contact Peggy Gulshen @ 916-454-6555 for various locations in Sacramento County. www.sutterchildrens.org/childbereavement

UC Davis Hospice young adult group for ages 17-24. Please contact Don Lewis at 916-734-1139. Closed group which meets once a week for 8 sessions. Please call for more information.

REMEMBER ME BEARS: Anyone interested in having a bear made from an article of clothing, blanket etc that holds special memories of your loved one, may contact Ms. Sharon Bell at 707-678-3738. The cost is \$30 and she is willing to work with those who may have financial difficulty. The materials should be mailed to her at 1380 West F street, Dixon CA 95620.

Grief Support and Resources

Parents of Murdered Children (POMC) is a national self-help organization designed solely to offer emotional support and information for anyone (not just parents) about surviving the loss of a loved one to murder. Meetings are the 4th Monday of each month from 6:30 pm - 8:00 pm at 5770 Freeport Blvd, Sacramento CA 95822. For additional info. call (916) 899-0090

Crime Victim's United of California sponsors a victim's support group the 2nd Tuesday of each month beginning at 6:30 pm at St. Teresa of Avila's Church in the preschool buildings at 11600 Atwood Road, Auburn CA. If you or someone you know is interested in attending, please call and confirm time and place at 530-885-9544.

Sacramento Valley Compassionate Friends meets every third Friday of each month 7:30-10:00 pm at the St. Mark's United Methodist Church, 2391 St. Marks Way, Sacramento CA 95864. Please contact Pamela Amo @ 916-955-3180 for questions pertaining to the group.

VIVA—Volunteers in Victim Assistance is a full service center for victims of violent crime and trauma. It is located at 2020 Hurley Way, Suite 265 Sacramento CA 95825. Tel # 916-570-1690. They serve victims primarily in Sacramento County, but they can also serve victims in El Dorado, Placer and Yolo counties. Please contact them for additional information.

SUICIDE PREVENTION RESOURCES: DO NOT TRY TO DEAL WITH IT ON YOUR OWN National Suicide Prevention Lifeline @ 1-800-273-8255 (1-800-273-TALK) or 1-800 784-2433 (1-800 suicide); Sacramento Suicide Crisis Prevention line @ 916-368-3111; National Organization for People of Color Against Suicide: http://www.nopcas.org

The following members of the support group are willing to lend a listening ear during your time of grief.

Vijay Butler: 916-837-0066; Grace Beren: 916-730-5640

Earline Harris: 916-204-3399

www.thecompassionatefriends.com

www.qroww.com — Online grief support group

www.1800victims.org

www.crimevictimsunited.com

www.cvactionalliance.org Crime Victims Action Alliance

www.pomc.org

www.pomc.org/sacramento